

PROFESSIONAL ENHANCEMENT TEAM

The purpose of our Professional Enhancement Team (PET) is to address any specific needs such as physical therapy, nutrition, special weight management concerns, orthopedic specialist and sports psychologist that our members may require in addition to their coaching.

T3Multisports goal is to provide our member/athletes effective training programs designed to meet their specific needs and also provide them quality professionals in other medical specialties outside of coaching. We want to provide knowledge in all aspects of the multisport lifestyle whether it is Triathlon, Duathlon, Aquathlon or single sports such as cycling, running and swimming as well as adventure racing. Our focus and commitment is to training and maintaining your healthy lifestyle while assisting you in accomplishing your goals and objectives.

We strive to provide knowledge in all aspects of the multisport lifestyle whether it is triathlon, duathlon, aquathlon or single sports such as cycling and running. Our motto is *"Transitioning Athletes to the Next Level."*